

CATHOLIC CAMPUS MINISTRY at the  
UNIVERSITY OF DELAWARE

St. Thomas More Oratory

45 Lovett Ave. Newark, DE 19711

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Mass Schedule

Saturday: 5:00 PM  
Sunday: 9:30 AM & 11:30 AM  
Daily Mass: 12:30PM  
*Blue Hen Student Mass will resume in the fall*

Confession

Tuesday: 5:30 – 6:30 PM  
or by appointment

Office Hours

Monday – Friday: 10 AM – 2 PM  
or by appointment

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18<sup>TH</sup> SUNDAY IN ORDINARY TIME  
5 AUGUST 2018



I am the bread of life;  
whoever comes to me  
will never hunger,  
and whoever believes in me  
will never thirst.

*“Make friends with the angels, who though invisible are always with you. Often invoke them, constantly praise them, and make good use of their help and assistance in all your temporal and spiritual affairs.”*

~ St. Francis de Sales

## READINGS

**5 Aug**

Exodus 16:2-4, 12-15

**18<sup>th</sup> SUNDAY IN ORDINARY TIME**

Psalm 78:3-4, 23-24, 25, 54

Ephesians 4:17, 20-24

John 6:24-35

**12 Aug**

1 Kings 19:4-8

**19<sup>th</sup> SUNDAY IN ORDINARY TIME**

Psalm 34:2-3, 4-5, 6-7, 8-9

Ephesians 4:30 – 5:2

John 6:41-51

## OFFERTORY

1 July 18	\$5,981.51
9 July 18	\$4,167.60
15 July 18	\$4,215.00
22 July 18	\$3,905.86
29 July 18	\$4,590.00

Year to Date	\$ 22,859.97
Goal for Fiscal Year (7/1/18 – 6/30/19)	\$270,000.00

**Next 2<sup>nd</sup> Collection**

19 Aug 18  
Cathedral of St. Peter

### HOLY DAY MASS SCHEDULE



The Assumption of the  
Blessed Virgin Mary  
Wednesday, August 15

Vigil– 5:00 PM Aug. 14  
12:30 PM Aug. 15



Daily Mass  
Mon – Fri 12:30pm

Saturday  
5:00pm

Sunday  
9:30am & 11:30am

Confessions  
Tues 5:30 – 6:30pm  
or by appointment

### CONVOCATION 150

NOVEMBER 3, 2018  
Ocean City, Md

The year 2018 marks the 150<sup>th</sup> anniversary of the founding of the Diocese of Wilmington which comprises the State of Delaware and the Eastern Shore of Maryland.

During the year there will be numerous activities and celebrations in churches throughout the diocese, from pilgrimages to commemorative Masses and special prayers as we mark this milestone of faithfulness,

Convocation 150 will gather leaders from parishes, schools and Catholic organizations where leaders can reflect on where we are, where we have been, and envision and embrace a pathway for mission and ministry.



### ST. PETER'S CATHEDRAL SUPPORT

The Cathedral of Saint Peter is in need of our help. The weekend of August 18 & 19, a special collection for the maintenance and preservation of the Cathedral of Saint Peter will be taken up in all parishes in our diocese. Please be as generous as you can.

For more information about the Cathedral, please visit the Cathedral's website at [www.cathedralofstpeter.com](http://www.cathedralofstpeter.com). For a video tour of the Cathedral, and a tour of the Cathedral's 100 year-old pipe organ, visit [www.cdow.org/cathedral](http://www.cdow.org/cathedral).

## LIVING JESUS

*This is part 3 of a 6-part series examining what it truly means to 'Live Jesus' as taught by St. Francis DeSales.*

### PREPARING FOR THE DAY

While Francis de Sales was a student at the University of Padua, he established for himself a "Rule of Day" which has become known as his Spiritual Exercises. An underlying assumption in these exercises is that by drawing oneself into God's presence in the midst of ordinary activities, an ordinary task becomes a sacred act. A particular practice in the Spiritual Exercises which enables a person to find God in the ordinary tasks of daily living is the "Preparation of the Day." It is a practice performed daily in the morning, where by using your imagination you try to foresee the places you must go, the situations which you may face, the people with whom you may come into contact, and the things you must do during the course of the day. Francis then advises us to come up with a plan of action to accomplish these tasks. This is an unobtrusive practice that you can do while getting washed, showered, and dressed in the morning. It invites you to foresee the events of the day and consider how to approach them in a way that encourages a recollection of God in all things.

#### SCRIPTURAL REFERENCES:

- "Yahweh, my God, I call for help all day" (Psalm 88.1).
- "Unload your burden on to Yahweh and He will support you" (Psalm 55.22).
- "I will instruct you and teach you the way to go. I will watch over you and be your advisor" (Psalm 5.3).

#### SALESIAN SOURCES:

- "We cannot always offer God great things, but at each instant we can offer him little things with great love." Jane de Chantal
- "Before everything else I will always make the exercise of preparation, and I will do it at least once a day in the morning" (Francis de Sales, *Spiritual Exercises*, p. 26).
- "May your whole life and everything you do tend to unite you to God. May your prayers, good works, and practice of virtues, above all that of charity, contribute to the life of the Church and to the salvation of your neighbor. For this reason, may you desire nothing so much as to live an intensely spiritual life. Then, while pleasing God, your power for good will be communicated to the hearts of the faithful" (Joanna Marie Wenzel, *In the Midst of the World*, p.4).

### PRACTICING THE LITTLE VIRTUES

In the Salesian tradition, there is a value in doing "little things" amid busy ordinary lives extraordinarily well. Francis de Sales and Jane de Chantal believed that greatness comes to those who are persistent in doing the ordinary, everyday tasks rather than accomplishing great historical achievements. The primary "little virtues" in the Salesian tradition are gentleness and humility. To "Live Jesus" one needs to develop a "gentle heart" which is fashioned from the inside out. To become gentle one needs to be gentle, first of all with oneself, and not to become upset or discouraged by one's failing, but to pick oneself up again and again. It is only when a person can be gentle to self that he or she can reach out and be gentle and compassionate to others. True Salesian humility is the recognition that the human person is essentially "interdependent," needful of God and the assistance of others. When a person can accept the truth of this insight, then he or she is humble.

#### SCRIPTURAL REFERENCES:

- "Learn from me for I am gentle and humble of heart" (Matthew 11.29).
- "Wrap yourselves in humility and be servants of each other because God refuses the proud and will always favor the humble" (1 Peter 5.5).
- "This is what Yahweh asks of you: only this, to act justly, to love tenderly, and to walk humbly with your God" (Micah 6.8).

#### SALESIAN SOURCES:

- "Thus the whole man is taken up with loving God in his heart by joy, peace, patience, forbearance, generosity and faith and in his actions by kindness, gentleness, courtesy, temperateness, and purity" (Francis de Sales, *Treatise on the Love of God*, p. 154).
- "When God gives us His gifts, graces, and talents, he intends us to use them. Not to do so is a proud refusal to cooperate with God. It is true humility to obey and comply as nearly as possible to what He gives us" (Francis de Sales, *Introduction to the Devout Life*, p. 137).
- "The one who preserves gentleness in the midst of sorrows and sufferings, and peace in the midst of multiplicity and busyness of affairs—that person is almost perfect. A second virtue highly prized in Salesian Spirituality is humility. Long an ideal in the classic spirituality of Christendom, humility retained its centrality in the thought of Francis and Jane. Humility expressed for them the recognition of the reality of human dependence upon God, the truth of profound limitations of the individual persons and the acknowledgment of the illusory human pride that strives to be like God and so conspires to its own destruction" (*Letters of Spiritual Direction*, pp. 64-65).

## ONGOING PROGRAMMING

### ROSARY

**MON 7:30 PM**

Come join us to pray the Rosary before the Blessed Sacrament

### PRAYER & MEDITATION **TUE 5:30 PM**

Looking for some quiet prayer & meditation time during your busy day?

Stop by the O on Tuesdays from 5:30-6:30

5:30 – 6:30	Exposition & Adoration
5:30 – 6:30	Sacrament of Reconciliation Available
6:30	Benediction

### BINGO OUTREACH **TUE 6:30 PM**

The Jeanne Jugan Home is a retirement home in Newark run by the Little Sisters of the Poor. We volunteer our time by spending an hour playing bingo and talking with the residents. We leave from the Oratory at 6:30 and are back by 8:15PM.

### BIBLE STUDY **RESUMES IN THE FALL**

Looking for a student Bible study? Join us as we look ahead to the Sunday scripture readings and discuss how they affect our lives. Stop by and share the challenges of living out the gospel on campus.

Student Leaders: Mary Kate Prieto & Mike Palmer

### COMMUNITY BIBLE STUDY **SEPT**

Community Bible Study meets weekly on Wednesdays from 11 – 12 to look ahead at the Sunday readings. Bible Study is led by Fr. Ed and welcome to all non-students. Will resume in September. Call or email for more information: [udcatholic@gmail.com](mailto:udcatholic@gmail.com)

### FAITH JOURNEY/ADULT CONFIRMATION

Sign-up online. Feel free to call or email with questions. Contact – [udcatholic@gmail.com](mailto:udcatholic@gmail.com)

Need to receive the sacrament of Confirmation? Thinking about joining the Catholic Church? Classes resume in the fall - call or email for more information - [udcatholic@gmail.com](mailto:udcatholic@gmail.com)

## OTHER INFORMATION

### FOR THE SAKE OF GOD'S CHILDREN

*For the Sake of God's Children* is the safe environment program of the Diocese of Wilmington, designed to keep young people participating in ministry around the diocese free from harm. Participants include the Bishop, all priests, deacons, seminarians, religious, all lay employees and volunteers. For more information visit [www.cdow.org](http://www.cdow.org) and click the FSGC logo.

### SUPPORT OUR TROOPS

If you have a family member serving in the armed forces or know a UD student or alum serving, please bring in a picture with the name & unit address of the soldier to and include in our prayers. Please include the name and connection to the soldier for our display board.

### WORLDWIDE MARRIAGE ENCOUNTER

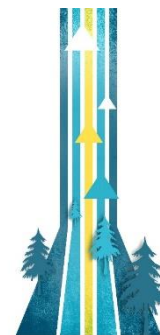
Don't you and your spouse deserve a beautiful, romantic weekend away together? The next Marriage Encounter weekend will be November 2-4, 2018 in Rehoboth Beach, DE. For more information, visit our website at [www.wmme-delmar.org](http://www.wmme-delmar.org) or to register, please call Tony and Linda Massino at 302-220-9833. Don't Delay!

### THEDIALOG.ORG

Did you know you can read new stories from The Dialog each day? Visit us online at the new and improved [thedialog.org](http://thedialog.org). Your local Catholic news website has relaunched with a new, user-friendly design. Make [thedialog.org](http://thedialog.org) a daily stop on your online travels and stay connected to local, regional, national and worldwide Catholic news, features, opinion, local sports and more. See more photos, multimedia presentation and up-to-the-minute news from the Catholic press. In addition to following us online, we encourage you to continue to pick up our print edition as you leave church.

### Direction of Intention

My God,  
give me  
the grace to  
perform this action  
with you  
and through love  
for you



In advance,  
I offer to you  
all the good  
that I may do  
and accept  
all the difficulty  
I may meet therein.  
Amen.